

Tier 1 Strength for Life (SFL) Providers

Attadale Attadale Physiotherapy Centre	9317 4777	Midland Life Ready Physio	9250 7772
Bicton Life Ready Physio	6313 4010	Murdoch Heart Health and Fitness	0448 098 227
Busselton Life Ready Physio and Pilates	9788 6105	Nedlands HFRC	9386 9961
Bull Creek Revolv Health	9313 5125	Northam In Balance Physiotherapy and Fitness	9622 5335
Canning Vale REPS Movement	6258 5822	Osbourne Park 360 Allied Health and Fitness	9443 4923
Claremont Essence Lifestyle Changes	9386 8588	Rockingham Life Ready Physio	9500 7643
Coogee Beach Fitness Club	9418 4227	Subiaco Bodyworks Subiaco	9381 5565
East Victoria Park Perth Diabetes	6110 0570	Wangara The Health and Fitness Centre	9409 3033
Floreat Life Ready Physio	6280 1090	Warwick Life Ready Physio	6168 8564
East Fremantle Southern Plus Health and Wellness Centre	6424 7443	Willagee Reps Movement	9319 8355
Inglewood Life Ready Physio	9276 6155	Victoria Park HFRC	9386 9961
Margaret River Margaret River Recreation Centre	9780 5620		

COTA (WA) Telephone (08) 9472 0104

Tier 2 Strength for Life (SFL) Providers

Armadale Fitness and Aquatic Centre	9394 5840	Kelmscott Genesis Health Club	9390 4900
Augusta Recreation Centre	9780 5625	Kwinana Kwinana Recquatic	9236 4700
Aveley Jetts	6296 7042	Mandurah Aquatic & Recreation Centre	9550 3600
Beechboro Swan Active Beechboro	9207 8555	Melville Leisure Fit Melville	9364 0808
Boddington Active Plus	9883 4999	Merredin Squash & Fitness	9041 2381
Cannington Leisureplex	6350 7314	Morley YMCA Morley Sport & Recreation Centre	9375 3529
City Beach Bold Park Aquatic Centre	9385 8767	Mt Barker Mt Barker Recreation Centre	9851 2122
Clarkson Jetts Fitness	9408 6565	Narrogin YMCA Narrogin Regional Leisure Centre	9881 2651
Collie Roche Park Recreation Centre	9734 4388	North Lake Lakeside Recreation Centre	9310 7700
Denmark Recreation Centre	9848 0344	Pinjarra Murray Recreation Centre	9531 2000
Donnybrook Recreation Centre	9731 1822	Riverton Leisureplex	9231 0930
East Victoria Park Leisure life Centre	9373 5450	Rivervale JSA Swim and Fitness Centre	6142 8721
Falcon Anytime Fitness	9534 4495	East Fremantle Southern Plus Health and Wellness Centre	6424 7443
Forrestfield Hartfield Park Recreation Centre	9359 1700	Thornlie City of Gosnells Leisure World	9251 8700
Harvey Recreation and Cultural Centre	9729 3311	Warnbro Aqua Jetty Rockingham	9591 0888

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Mobile (SFL) Providers

High Wycombe and Central Perth Areas - Active for Life	0411 551 132	Regional Pilbara District - Cozzy Pilates	0418 922 961
North East Suburbs - Lorraine Musgrave	0419 769 811		

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