

## Tier 1 Strength for Life (SFL) Providers

<b>Attadale</b> Attadale Physiotherapy Centre	9317 4777	<b>Mandurah</b> Mandurah Physiotherapy Clinic	9535 7439
<b>Busselton</b> Life Ready Physio and Pilates	9788 6105	<b>Murdoch</b> Heart Health and Fitness	0448 098 227
<b>Bull Creek</b> Revolv Health	9313 5125	<b>Nedlands</b> HFRC	9386 9961
<b>Canning Vale</b> REPS Movement	6258 5822	<b>Northam</b> In Balance Physiotherapy and Fitness	9622 5335
<b>Claremont</b> Essence Lifestyle Changes	9386 8588	<b>O'Connor</b> Fortitude Exercise Physiology	0418 515 101
<b>Coogee</b> Beach Fitness Club	9418 4227	<b>Osborne Park</b> 360 Allied Health and Fitness	9443 4923
<b>East Victoria Park</b> PDC Health Hub	6110 0570	<b>Rockingham</b> Life Ready Physio	9500 7643
<b>Floreat</b> Life Ready Physio	6280 1090	<b>Subiaco</b> Bodyworks Subiaco	9381 5565
<b>East Fremantle</b> Southern Plus Health and Wellness Centre	6424 7443	<b>Wangara</b> The Health and Fitness Centre	9409 3033
<b>Geraldton</b> Revive Exercise Therapy	0487 939 027	<b>Warwick</b> Life Ready Physio	6168 8564
<b>Inglewood</b> Life Ready Physio	9276 6155	<b>Willagee</b> Reps Movement	9319 8355
<b>Margaret River</b> Margaret River Recreation Centre	9780 5620	<b>Victoria Park</b> HFRC	9386 9961
<b>Midland</b> Life Ready Physio	9250 7772		

**COTA (WA) Telephone (08) 9472 0104**

## Tier 2 Strength for Life (SFL) Providers

<b>Armadale</b> Fitness and Aquatic Centre	9394 5840	<b>Kwinana</b> Kwinana Recquatic	9236 4700
<b>Augusta</b> Recreation Centre	9780 5625	<b>Mandurah</b> Aquatic & Recreation Centre	9550 3600
<b>Aveley</b> Jetts	6296 7042	<b>Melville</b> Leisure Fit Melville	9364 0808
<b>Beechboro</b> Swan Active Beechboro	9207 8555	<b>Merredin</b> Squash & Fitness	9041 2381
<b>Boddington</b> Active Plus	9883 4999	<b>Midland</b> Activenetics	0402 111 762
<b>Cannington</b> Leisureplex	6350 7314	<b>Morley</b> Bluefit	9375 3529
<b>City Beach</b> Bold Park Aquatic Centre	9385 8767	<b>Mt Barker</b> Mt Barker Recreation Centre	9851 2122
<b>Clarkson</b> Mark Nicholson Fitness	0412 788 763	<b>Narrogin</b> YMCA Narrogin Regional Leisure Centre	9881 2651
<b>Collie</b> Roche Park Recreation Centre	9734 4388	<b>North Lake</b> Lakeside Recreation Centre	9310 7700
<b>Denmark</b> Recreation Centre	9848 0344	<b>O'Connor</b> Anytime Fitness O'Connor	9337 8787
<b>Donnybrook</b> Recreation Centre	9731 1822	<b>Pinjarra</b> Murray Recreation Centre	9531 2000
<b>East Victoria Park</b> Leisure life Centre	9373 5450	<b>Riverton</b> Leisureplex	9231 0930
<b>Falcon</b> Anytime Fitness	9534 4495	<b>Rivervale</b> JSA Swim and Fitness Centre	6142 8721
<b>Forrestfield</b> Hartfield Park Recreation Centre	9359 1700	<b>East Fremantle</b> Southern Plus Health and Wellness Centre	6424 7443
<b>Harvey</b> Recreation and Cultural Centre	9729 3311	<b>Thornlie</b> City of Gosnells Leisure World	9251 8700
<b>Kelmscott</b> Genesis Health Club	9390 4900	<b>Warnbro</b> Aqua Jetty Rockingham	9591 0888

**COTA (WA) Telephone (08) 9472 0104**

## Mobile (SFL) Providers

<b>High Wycombe and Central Perth Areas</b> - Active for Life	0411 551 132	<b>Clarkson</b> Mark Nicholson Fitness	0412 788 763
<b>North East Suburbs</b> - Lorraine Musgrave	0419 769 811		

COTA (WA) Telephone (08) 9472 0104