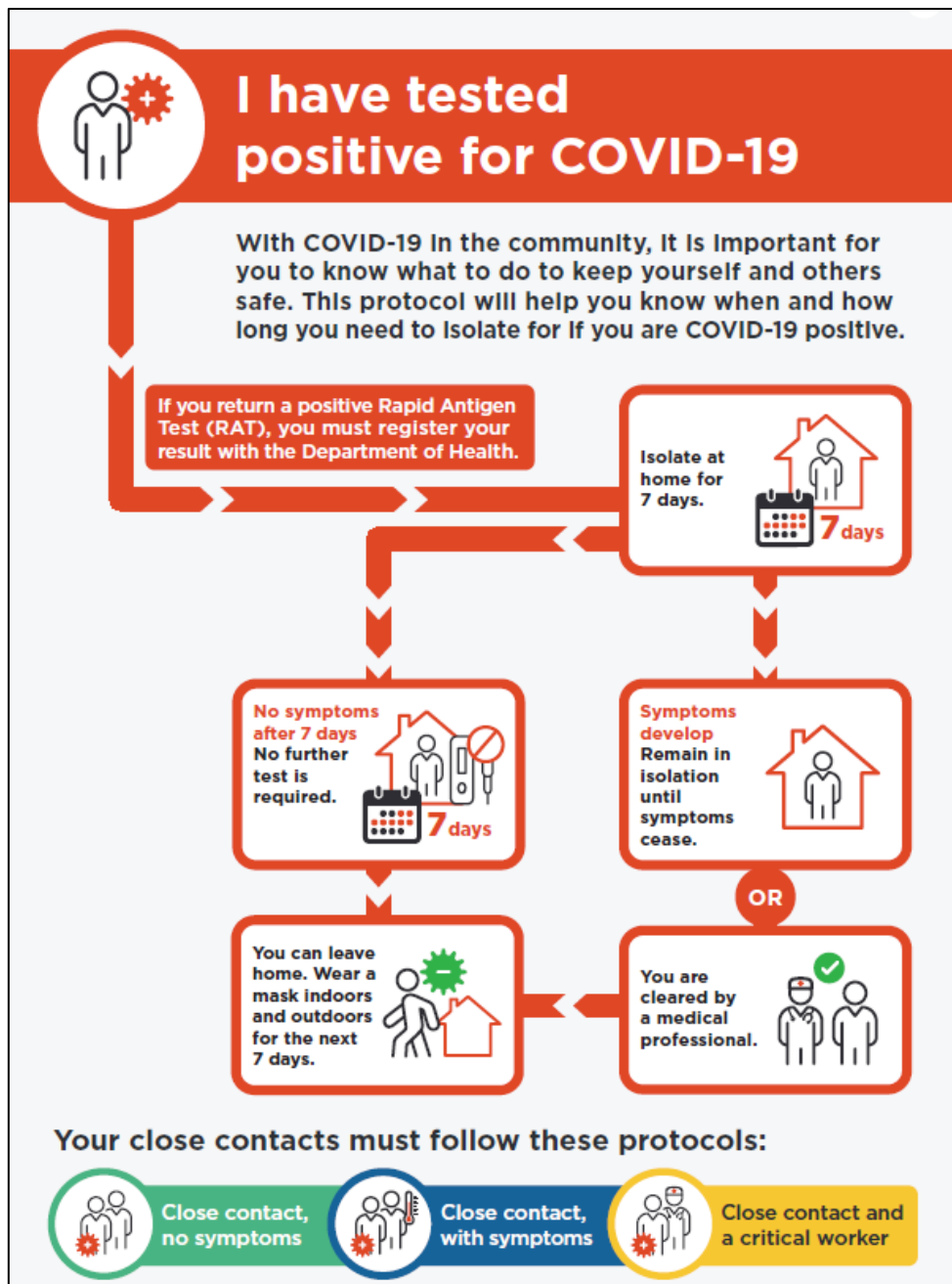




Latest Updates from WA Government:

- Refer to the following extract from “Your Guide to Managing COVID-19”.



- You can find the full guide from:

<https://www.wa.gov.au/system/files/2022-03/Managing-COVID-19-booklet.pdf>



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A culture of caring. A lifetime of joy.

The Chung Wah Association

Community & Aged Care 

ABN 31 621 821 100

What Chung Wah Community Care is doing:

- Providing support workers with a face shield for better protection.
- All staff will perform a self-check and Health Screening Check for client/participant before service delivery.

How you can help to prevent the spread of coronavirus:

- Daily exercise: Exercise can lower levels of stress, prevent boredom and minimise napping during the day. You may follow the exercise from the following video link:
<https://www.facebook.com/chungwahcac/videos/cac-wellness-tv-exercise/783098009162358/>
- Wear a mask while receiving service or out in the community.
- Respiratory hygiene and cough etiquette: cough or sneeze into a tissue and discard the tissue immediately, or cough/sneeze into the bend of your elbow, perform hand hygiene.
- Cleaning and laundry: regular cleaning of the environment and equipment, safe handling of linen and waste.
- Inform your Case Coordinator if you or your household are symptomatic, close contact and in isolation, or you have been tested COVID positive.