

Tier 1 Strength for Life (SFL) Providers

Attadale Attadale Physiotherapy Centre	9317 4777	East Fremantle Southern Plus Health and Wellness Centre	6424 7443
Bedford Exercise For Life	9371 8563	Inglewood Life Ready Physio	9276 6155
Belmont Biosymm	6104 2626	Margaret River Margaret River Recreation Centre	9780 5620
Busselton Life Ready Physio and Pilates	9788 6105	Midland Life Ready Physio	9250 7772
Bull Creek Revolv Health	9313 5125	Mandurah Mandurah Physiotherapy Clinic	9535 7439
Canning Vale REPS Movement	6258 5822	O'Connor Fortitude Exercise Physiology	0418 515 101
Claremont Essence Lifestyle Changes	9386 8588	Osborne Park Back2it Fitness	9443 4923
Como HFRC	9386 9961	Rockingham Life Ready Physio	9500 7643
Coogee Beach Fitness Club	9418 4227	Subiaco Bodyworks Subiaco	9381 5565
Floreat Life Ready Physio	6280 1090	Willagee Reps Movement	9319 8355

COTA (WA) Telephone (08) 9472 0104

Tier 2 Strength for Life (SFL) Providers

Armadale Fitness and Aquatic Centre	9394 5840	Mandurah Aquatic & Recreation Centre	9550 3600
Augusta Recreation Centre	9780 5625	Melville Leisure Fit Melville	9364 0808
Aveley Jetts	6296 7042	Merredin Squash & Fitness	9041 2381
Beechboro Swan Active Beechboro	9207 8555	Midland Activenetics	0447 940 985
Boddington Active Plus	9883 4999	Morley Bluefit	9375 3529
Cannington Leisureplex	6350 7314	Mt Barker Mt Barker Recreation Centre	9851 2122
City Beach Bold Park Aquatic Centre	9385 8767	Narrogin YMCA Narrogin Regional Leisure Centre	9881 2651
Clarkson Mark Nicholson Fitness	0412 788 763	North Lake Lakeside Recreation Centre	9310 7700
Collie Roche Park Recreation Centre	9734 4388	Pinjarra Murray Recreation Centre	9531 2000
Donnybrook Recreation Centre	9731 1822	Riverton Leisureplex	9231 0930
East Victoria Park Leisure life Centre	9373 5450	East Fremantle Southern Plus Health and Wellness Centre	6424 7443
Floreat Active Solutions Physiotherapy	0438 648 884	Thornlie City of Gosnells Leisure World	9251 8700
Forrestfield Hartfield Park Recreation Centre	9359 1700	Wanneroo Rejuven8 Health and Fitness	0415 921 588
Harvey Recreation and Cultural Centre	9729 3311	Warnbro Aqua Jetty Rockingham	9591 0888
Kwinana Kwinana Recquatic	9236 4700		

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Mobile (SFL) Providers

High Wycombe and Central Perth Areas - Active for Life	0411 551 132	Clarkson Mark Nicholson Fitness	0412 788 763
North East Suburbs - Lorraine Musgrave	0419 769 811	Port Denison Cozzy Pilates	0418 922 961

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