

Tier 1 Strength for Life (SFL) Providers

Attadale Attadale Physiotherapy Centre	9317 4777	Floreat Life Ready Physio	6280 1090
Bedford Exercise For Life	9371 8563	East Fremantle Southern Plus Health and Wellness Centre	6424 7443
Belmont Biosymm	6104 2626	Inglewood Life Ready Physio	9276 6155
Busselton Life Ready Physio and Pilates	9788 6105	Midland Life Ready Physio	9250 7772
Bull Creek Revolv Health	9313 5125	Mandurah Mandurah Physiotherapy Clinic	9535 7439
Canning Vale REPS Movement	6258 5822	O'Connor Fortitude Exercise Physiology	0418 515 101
Claremont Essence Lifestyle Changes	9386 8588	Subiaco Bodyworks Subiaco	9381 5565
Como HFRC	9386 9961	Willagee Reps Movement	9319 8355
Coogee Beach Fitness Club	9418 4227	Wanneroo Rejuven8 Health and Fitness	0438 021 108

COTA (WA) Telephone (08) 9472 0104

Tier 2 Strength for Life (SFL) Providers

Armadale Fitness and Aquatic Centre	9394 5840	Mandurah Aquatic & Recreation Centre	9550 3600
Augusta Recreation Centre	9780 5625	Margaret River Margaret River Recreation Centre	9780 5620
Aveley Jetts	6296 7042	Melville Leisure Fit Melville	9364 0808
Beechboro Swan Active Beechboro	9207 8555	Merredin Squash & Fitness	9041 2381
Boddington Active Plus	9883 4999	Morley Bluefit	9375 3529
Cannington Leisureplex	6350 7314	Narrogin YMCA Narrogin Regional Leisure Centre	9881 2651
City Beach Bold Park Aquatic Centre	9385 8767	Pinjarra Murray Recreation Centre	9531 2000
Collie Roche Park Recreation Centre	9734 4388	Riverton Leisureplex	9231 0930
Donnybrook Recreation Centre	9731 1822	East Fremantle Southern Plus Health and Wellness Centre	6424 7443
East Victoria Park Leisure life Centre	9373 5450	Thornlie City of Gosnells Leisure World	9251 8700
Forrestfield Hartfield Park Recreation Centre	9359 1700	Wanneroo Rejuven8 Health and Fitness	0438 021 108
Harvey Recreation and Cultural Centre	9729 3311	Warnbro Aqua Jetty Rockingham	9591 0888
Kwinana Kwinana Recquatic	9236 4700		

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Mobile (SFL) Providers

North East Suburbs - Lorraine Musgrave	0419 769 811	Port Denison Cozy Pilates	0418 922 961
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